



# **FAMILY HONOUR & SHAME**

## **Defending a Lie & Denial won't make it STOP**

The thought that someone you know or love has sexually abused a child, or may be abusing a child in your family is one of the hardest things to face. But it is better to discuss the situation with someone, than to discover that your silence allowed the abuse to continue.

If you suspect that someone you know may be sexually abusing a child, you can speak confidentially to someone on the NSPCC helpline, or for more information visit our website.

**#KIDSSAFEZONE**  
PREVENT CHILD SEXUAL  
ABUSE BY **SPEAKING UP!**

NSPCC HELPLINE  
**0800 800 5000**

 **NNECA**  
NATIONAL NETWORK TO END CHILD ABUSE  
[WWW.NNECA.ORG.UK](http://WWW.NNECA.ORG.UK)

